



JOSEPH ASSINI, MD
ORTHOPEDIC SURGERY



PRE-SURGERY PREPARATION

Pre-Op Hibiclens Instructions

Start showering using Hibiclens soap around the same time of day for 3 days prior to your surgery and use the morning of your surgery. Use 1–2 pumps per shower. Once the surgeon has cleared you to shower after surgery, we encourage you to shower with the remaining soap until gone. You may only use the lotion provided to you as it is compatible with Hibiclens and will not deactivate it.

Preparing for surgery

Many hospitals and healthcare facilities specifically recommend bathing with Hibiclens. If you don't receive definite instructions, here's how to prepare for your surgery:

- If you plan to wash your hair, use your regular shampoo; then rinse your hair and body thoroughly to remove any shampoo residue
- Wash your face with your regular soap or water only
- Thoroughly rinse your body with water from the neck down
- Apply Hibiclens directly on your skin or on a wet washcloth and wash gently; move away from the shower stream when applying Hibiclens to avoid rinsing it off too soon
- Rinse thoroughly with warm water and keep out of eyes, ears and mouth; if Hibiclens comes in contact with these areas, rinse out promptly
- Dry your skin with a towel
- Do not use your regular soap after applying and rinsing with Hibiclens
- Do not apply lotions or deodorants to the cleaned body area